

PRESS RELEASE

Date: 22nd June, 2016

OIL INDIA LIMITED Observes 2nd International Day of Yoga-2016

Oil India Limited celebrated the 2nd International Day of Yoga on 21st June, 2016 at its Corporate Office in Noida with a number of programmes, which included Yoga session and awareness session on Holistic Well-being.

Ms. Rupshikha Saikia Borah, Director (Finance) and Mr. Biswajit Roy, Director (Human Resources and Business Development) led the enthusiastic crowd of officers and employees of Oil India Limited who actively participated in large numbers under the able guidance of Instructors from Saksham Yoga Naturopathy Centre, Delhi as per the Common Yoga Protocol 2016, designed by Ministry of Ayush, Government of India. A session including talk and presentation on the topic 'Yoga: 'Science of well-being' was also organized to create and instill a sense of awareness among the Oilindians.



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